

# The Olympic Games

Skills practice (Form 5, teacher J. Sūnelaitienė)



# Objectives of the lessons

Students will...

- ...expand and practise vocabulary on sports
- ...practise reading and listening for specific information
- ...learn about the history of the Olympic Games and Olympic symbols
- ...be able to describe the differences between the ancient Olympic Games and the modern Olympic Games
- ...present their favourite Lithuanian Olympic athlete

# Vocabulary

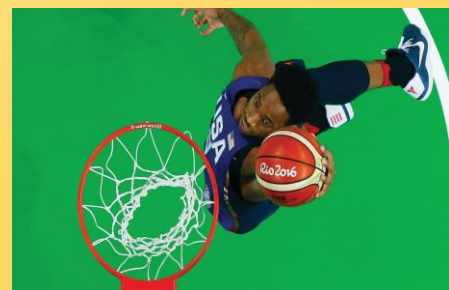
## Match the words to their meanings

- Fencing
- Athletics
- Rowing
- Swimming
- Marathon
- Boxing
- Gymnastics
- Volleyball
- Diving
- Wrestling
- Grass Hockey
- Javelin throwing
- Cycling
- Skating

- Atletika
- Boksas
- Plaukimas
- Čiuožimas
- Maratono bėgimas
- Gimnastika
- Irklavimas
- Ieties metimas
- Nardymas
- Imtynės
- Žolės riedulys
- Dviračių sportas
- Fechtavimas
- Tinklinis



# Vocabulary exercises to help revise words for Olympic sports.



# Match the words to their definitions

1. Volleyball
2. Diving
3. Swimming
4. Boxing
5. A marathon
6. Gymnastics
7. Hockey
8. Athletics
9. Fencing
10. Rowing

A ... is two people fighting using their hands. They wear special gloves.

B ... is two people fighting using swords.

C ... is racing in the water.

D... is a long-distance running race. It's 42.195km!

E ... is racing in boats on rivers or lakes.

F ... is similar to dancing. You need a lot of strength, balance, co-ordination and flexibility!

G ... is jumping or falling into water.

H ... are sports that include running, jumping and throwing.

I ... is a team sport with six players on each side. You hit the ball over the net with your hands.

J ... is a team sport. You have to move the ball into the opponent's goal with a stick.

# Check your answers

1. **Volleyball** - is a team sport with six players on each side. You hit the ball over the net with your hands.
2. **Diving** - is jumping or falling into water.
3. **Swimming** - is racing in the water.
4. **Boxing** - is two people fighting using their hands. They wear special gloves.
5. **A marathon** - is a long-distance running race. It's 42.195km!
6. **Gymnastics** - is similar to dancing. You need a lot of strength, balance, co-ordination and flexibility!
7. **Hockey** - is a team sport. You have to move the ball into the opponent's goal with a stick.
8. **Athletics** - are sports that include running, jumping and throwing.
9. **Fencing** - is two people fighting using swords.
10. **Rowing** - is racing in boats on rivers or lakes.

# The Olympic Games Discussion

- What do you know about the Olympics?
- How often are they held?
- What are the symbols of the Olympic Games?
- What do you think are the main purposes of the Olympics?
- What are some of the Olympic traditions?



# The beginning of the Olympic games

- The Olympic Games are the most important international sporting event in the world. According to legend, the first Olympic Games were held in ancient Greece in honour of Zeus, the Greek god of war.
- Athletes prayed to the gods for victory, and made gifts of animals, expensive things or small cakes in thanks to for their success.



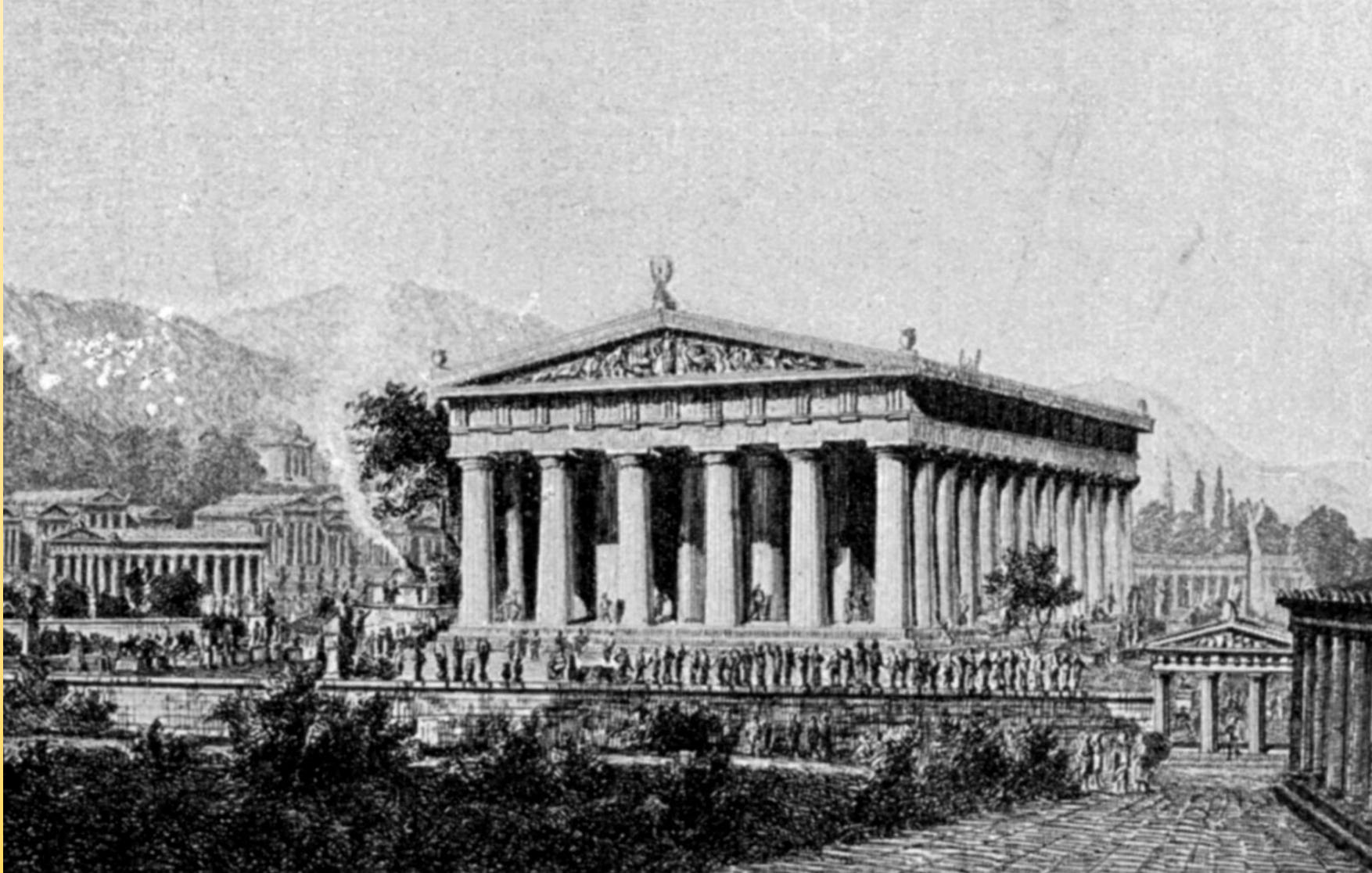


# Mount Olympus, where Greek Gods lived

- According to legend, there was the altar of Zeus on a top of Mount Olympus.
- It was believed that gods used to gather here to discuss their questions.



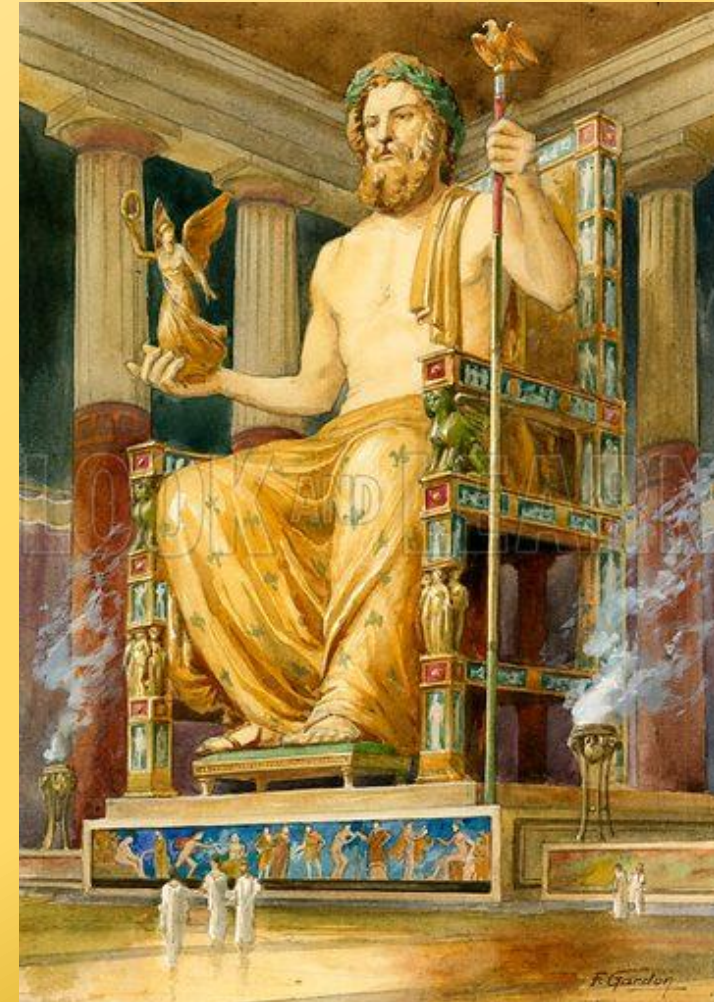
# Temple of Zeus



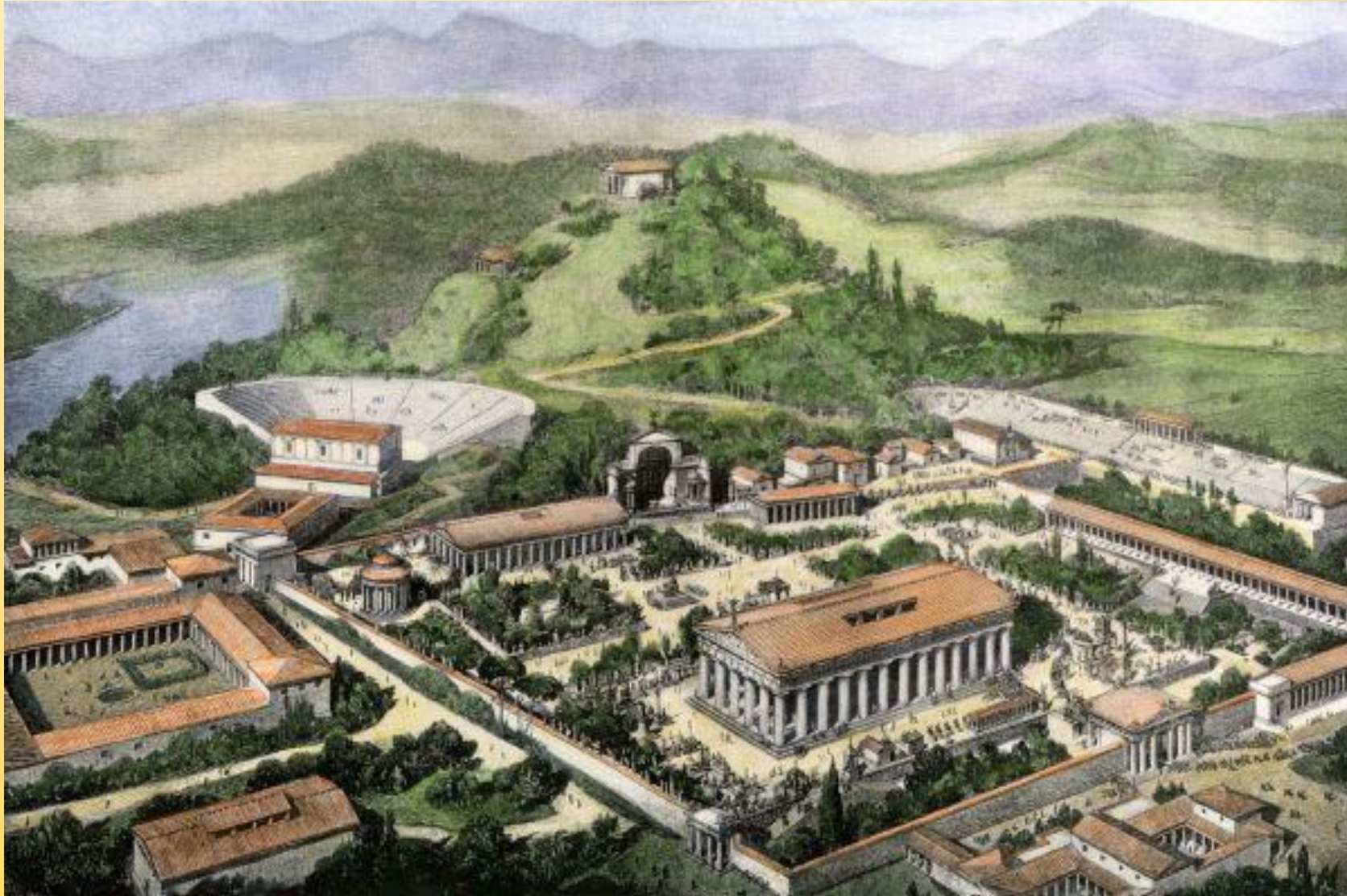


# Statue of Zeus

- The most spectacular sight at Olympia was the gold and ivory statue of Zeus inside the temple, which was made by the sculptor Pheidias. The statue was one of the Seven Wonders of the Ancient World, and stood over 42 feet high.



# Ancient Olympia

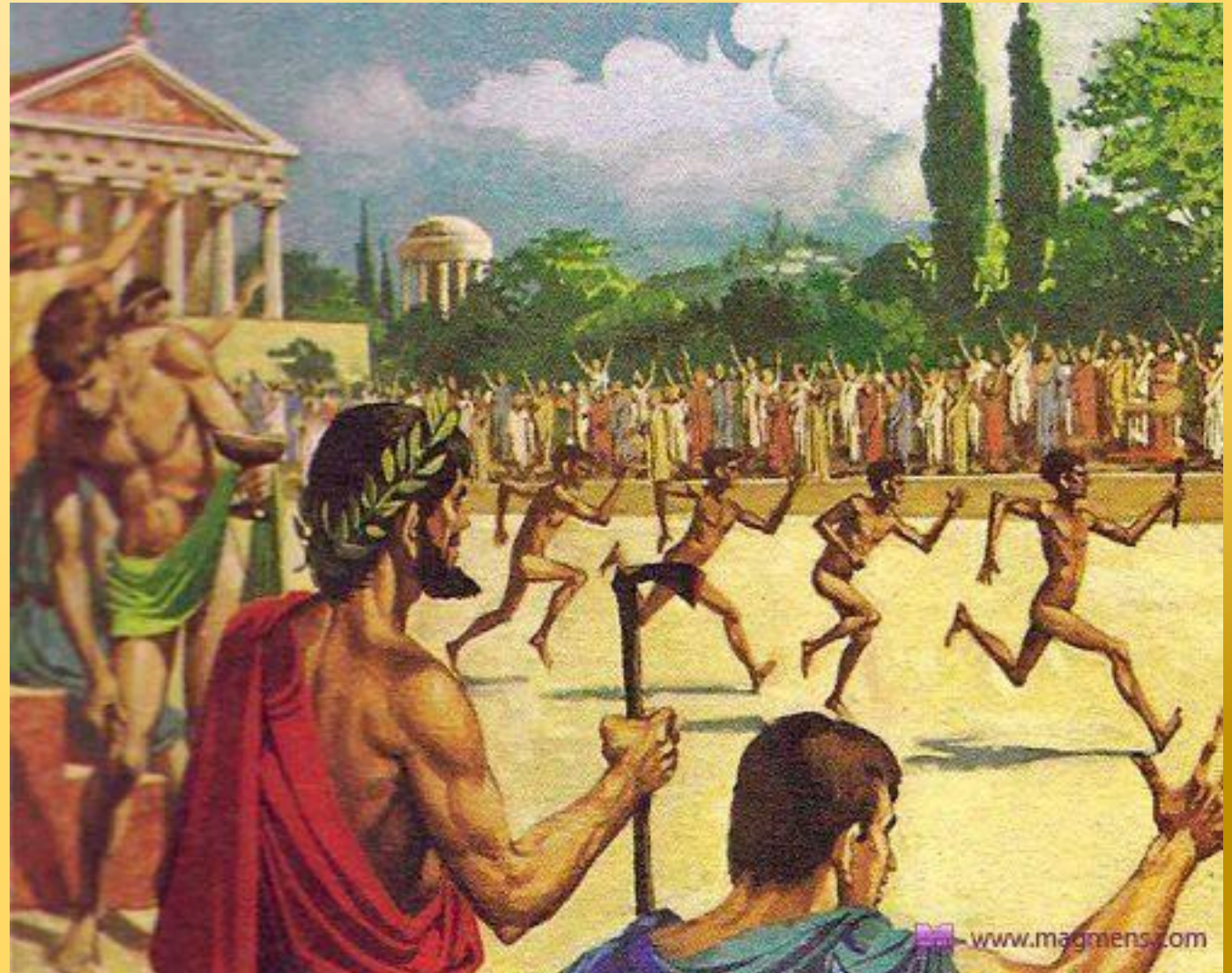
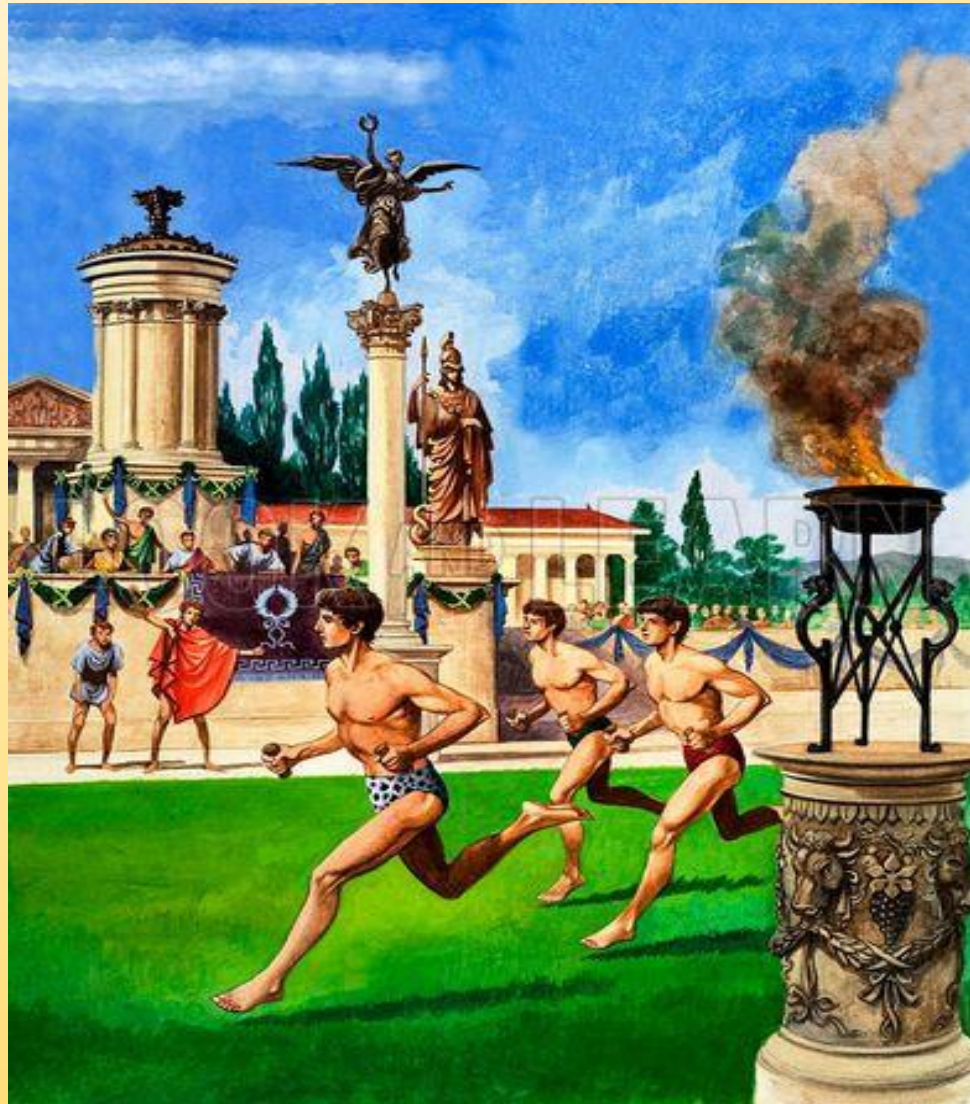




- The ancient Olympics were different to the modern Olympics. The ancient Greek games were running competitions held during religious festivals, and only men were allowed to take part. The Greek Olympics were held every four years and more events and sports were added as time went by. This continued for the next thousand years, until the Romans banned the games because they wanted the Greeks to stop worshipping their gods and become Christians.

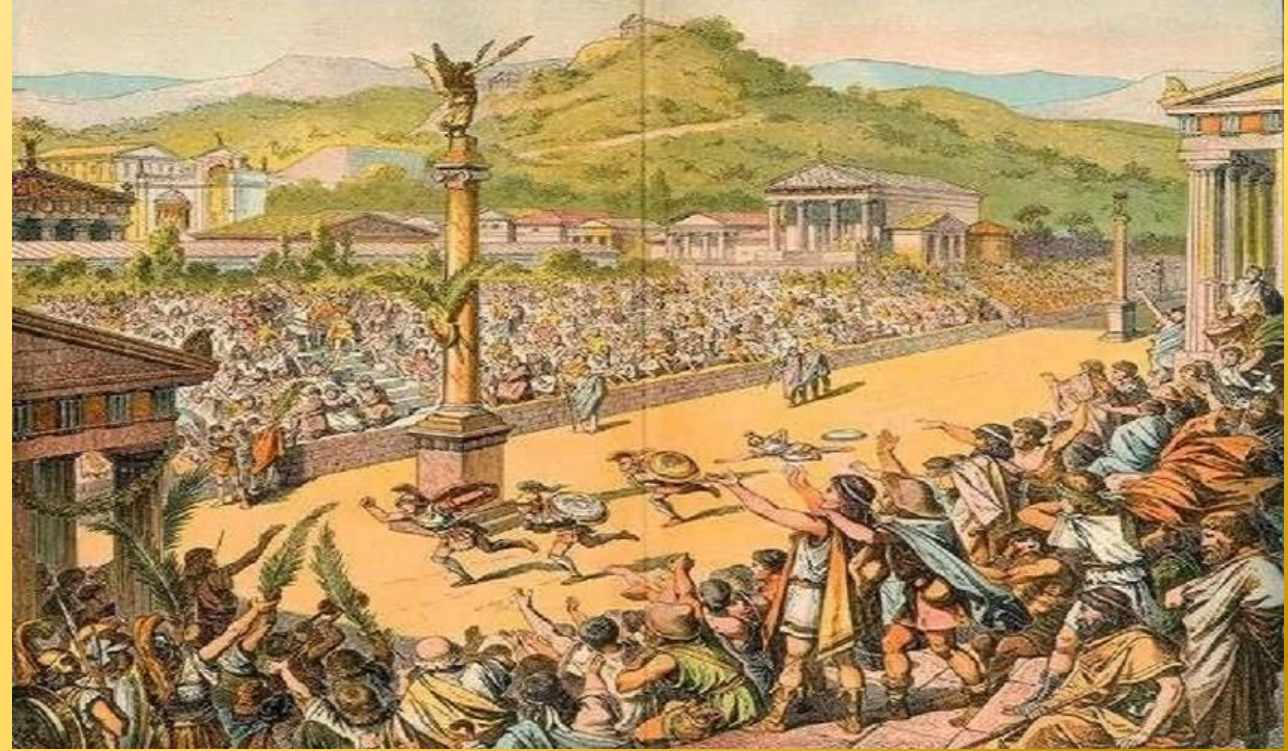
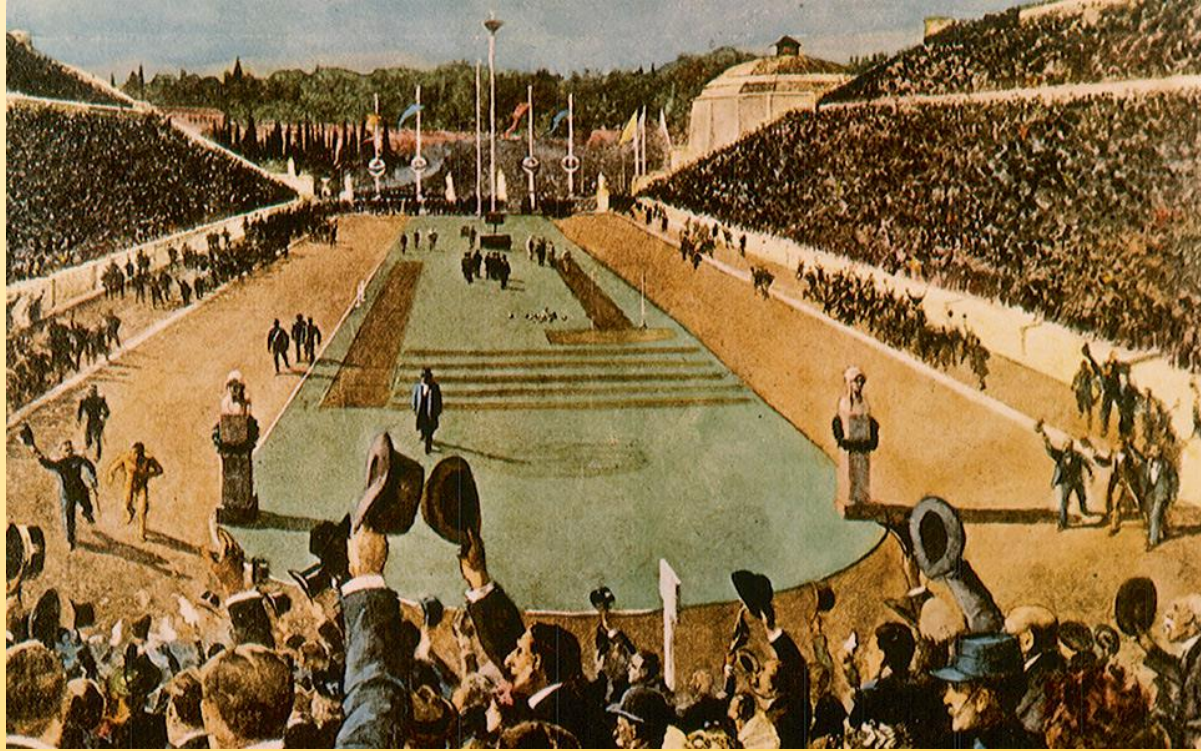








# Ancient Olympic Games





# Watch the video and check your understanding

- [https://www.youtube.com/watch?v=VdHHus8IgYA&feature=emb\\_title](https://www.youtube.com/watch?v=VdHHus8IgYA&feature=emb_title)





# What was the date of the first Olympics?

- A) 100 BC
- B) 776 BC
- C) 1066 AD

# What was the first event in the ancient Olympics?

- A) wrestling
- B) running
- C) jumping

# What was the profession of the first winner of the ancient Olympics?

- A) baker
- B) doctor
- C) philosopher

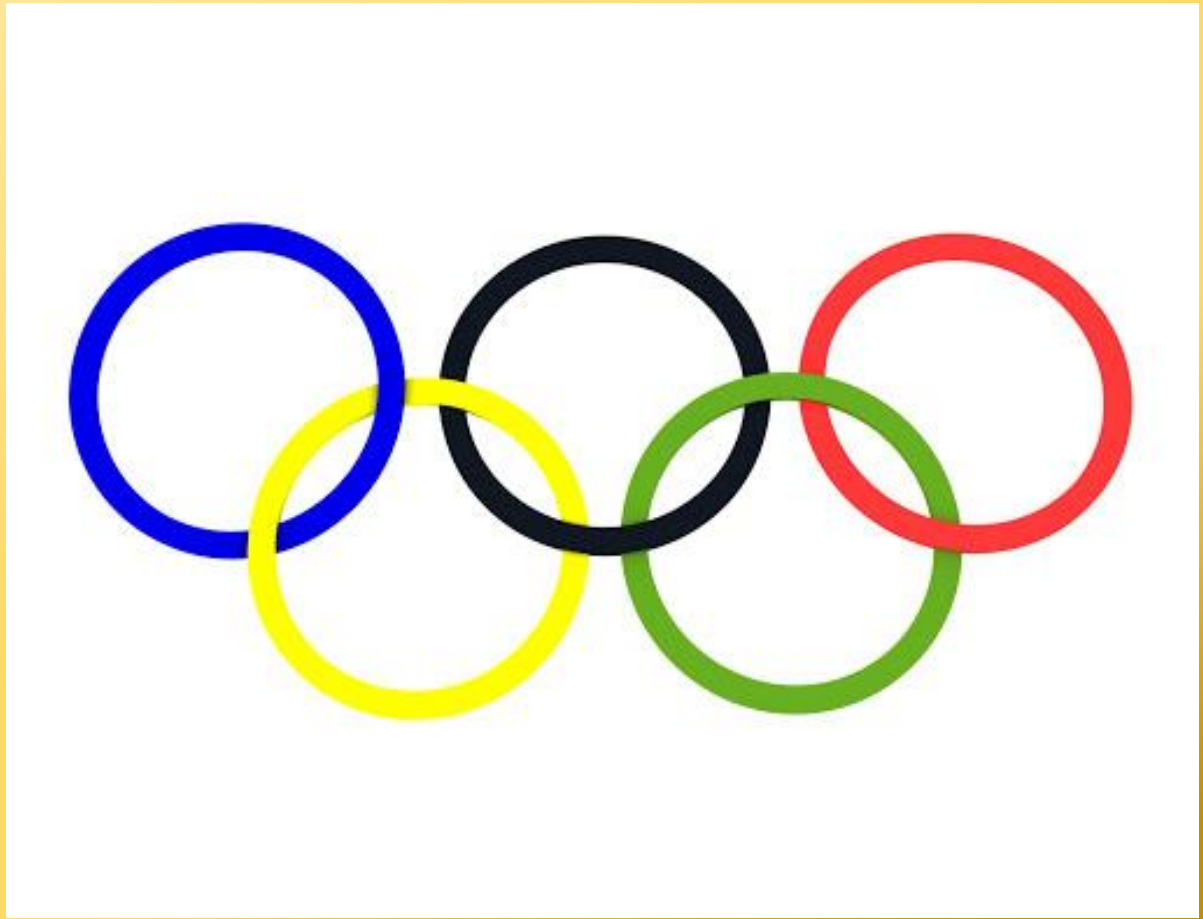
# The Modern Olympic Games

- The modern Olympics date back to 1896, when the Summer Olympics were held. Athletes from fourteen countries competed at the first Summer Olympic Games, which took place in Athens, Greece.
- The Olympic Games are the biggest and most famous sport event in the world. There are three kinds of Olympics – the Summer Olympics, the Paralympics and the Winter Olympics.



# The Olympic Rings

- The Olympic symbol of five linked rings represent friendship between athletes from different continents. The colours of the rings are red, yellow, blue, green and black.
- Reading task – textbook, p. 22



## 1 Skills Practice

### Study skills

Right/Wrong/Doesn't say  
(3 option multiple choice)  
Read the rubric and  
familiarise yourself  
of the text. Underline  
the statements and  
phrases. This will

### 2 b) Now do the task. Compare with a partner. ...

- 1 The Olympic Games are very expensive. ...  
A Right      B Wrong      C Doesn't say
- 2 The Summer Olympics and the Winter Olympics take place in the same city. ...  
A Right      B Wrong      C Doesn't say
- 3 Boxing is one of the first Olympic sports. ...  
A Right      B Wrong      C Doesn't say
- 4 Usain Bolt has gold medals from the Paralympics. ...  
A Right      B Wrong      C Doesn't say
- 5 The Winter Olympics has more sports than the Summer Olympics. ...  
A Right      B Wrong      C Doesn't say
- 6 Russia has got very good ice hockey players. ...  
A Right      B Wrong      C Doesn't say
- 7 The Finns can play hockey very well. ...  
A Right      B Wrong      C Doesn't say

## The Olympic Games



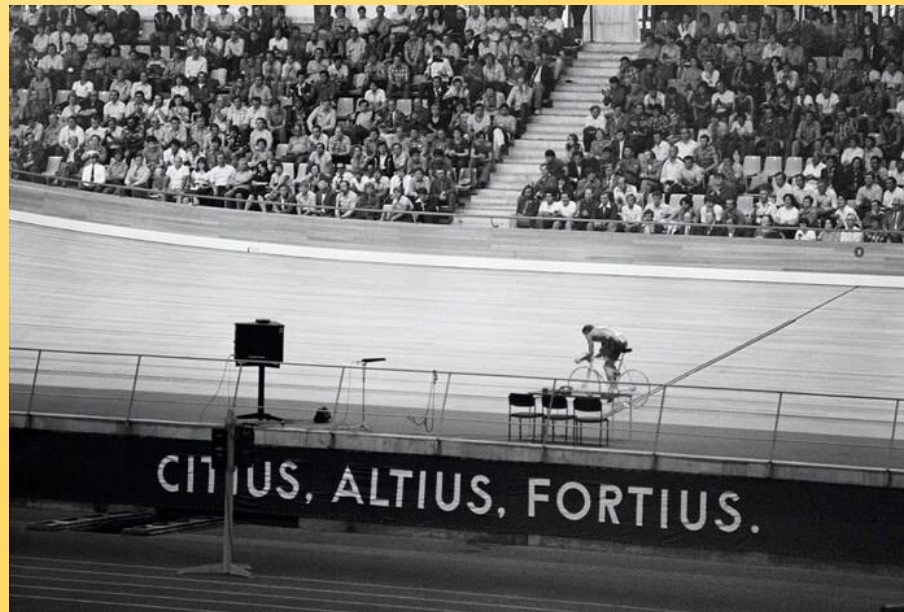
The Olympic Games are the biggest and most famous sport event in the world. There are three kinds of Olympics – the Summer Olympics, the Paralympics and the Winter Olympics. A different city has the Summer Olympics every four years.

The Games are during two weeks of July or August. Then the same city has the Paralympics. It's an event for athletes who have got special bodies. American swimmer Jessica Long, for example, hasn't got legs, but she has got lots of medals. The Winter Olympics are in February or March two years after the summer events, in a different city. There are 28 Summer Olympic sports. Some of the oldest Olympic sports are boxing and running. Tennis and the martial art taekwondo are two of the newest ones. Jamaican runner Usain Bolt is one of the most famous 21st-century Olympians. He has longer legs than the other runners. He's also very tall – 1.96m – and his arms are well-built. Bolt is the fastest athlete in the world. He can run the 100m in 9.58 seconds and the 200m in 19.19 seconds. He has Olympic gold medals for both events. There are 15 sports in the Winter Olympics. Ice hockey is one of the most popular of all. It's also one of the hardest, because it's so fast. The Canadians, Czechs, Finns, Russians, Slovaks, Swedes and Americans are the best ice hockey players of all. The sport is a favourite hobby in their countries. Cold countries have got the best winter sport athletes. But Spain has got just two medals from 60 or 70 years of Winter Olympics!

# The Olympic Motto

**Citius – Altius - Fortius** (*FASTER—HIGHER—STRONGER* / *Greičiau-aukščiau-tvirčiau*)

- A motto is a phrase which sums up a philosophy of life
- These three words encourage athletes to give their best during competition.





# Revision and consolidation

- <https://www.youtube.com/watch?v=uSf7-LsmU3Y>





# Tasks

1. Watch the video and write down all sports vocabulary you hear.
2. Fill in the table with the information from the video:

## Differences between the ancient Olympic Games and the modern Olympic Games

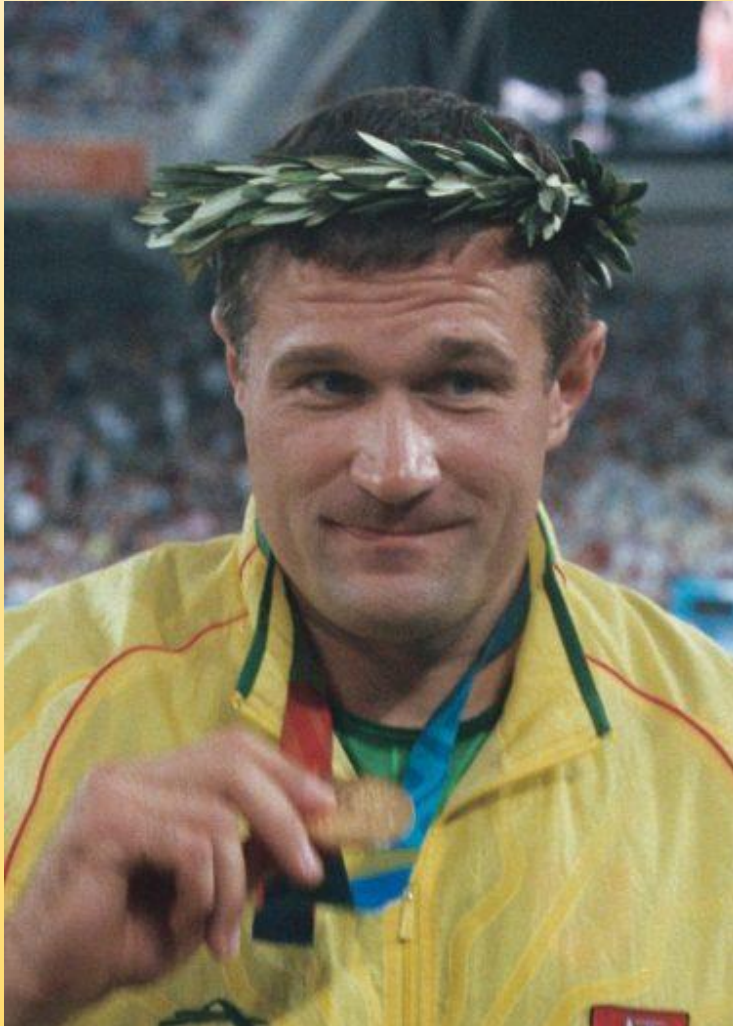
Ancient Olympic Games	Modern Olympic Games
<ul style="list-style-type: none"><li>• In the same place each time</li></ul>	<ul style="list-style-type: none"><li>• Different cities around the world</li></ul>

## Project work:

Who is your favorite Olympic athlete? Why do you like him / her?

- Photo of the athlete
- Name:
- Sport:
- Participated in the Olympic Games:
- Event:
- Medal:

# Example: My favourite Olympic athlete



- Name: Virgilijus Alekna
- Sport: athletics
- Participated in the Olympic Games: 2000 Sydney and 2004 Athens
- Event: Men's discus throw
- Medal: gold
- I like him because he is very sporty, calm and confident.

# Šaltiniai

- <https://www.esolcourses.com/content/topics/sport/olympics/history-of-the-olympics-reading.html>
- <https://learnenglishteens.britishcouncil.org/vocabulary/beginner-vocabulary/olympic-sports>
- [https://www.youtube.com/watch?v=VdHHus8IgYA&feature=emb\\_title](https://www.youtube.com/watch?v=VdHHus8IgYA&feature=emb_title)
- <https://www.youtube.com/watch?v=uSf7-LsmU3Y>